

This council notes:

- 1 in 4 people will experience a mental health problem in any given year.
- The World Health Organisation predicts that depression will be the second most common health condition worldwide by 2020.
- Mental ill health costs some £105 billion each year in England alone.
- People with a severe mental illness die up to 20 years younger than their peers in the UK.

This council believes:

- As a Town Council we have a crucial role to play in improving the mental health of everyone in our community and tackling some of the widest and most entrenched inequalities in health.
- Mental health should be a priority across all the Town Councils areas of responsibility.
- All councillors can play a positive role in championing mental health on an individual and strategic basis.

This council resolves:

- **To sign the Local Authorities’ Mental Health Challenge run by Centre for Mental Health, Mental Health Foundation, AMHP, Mind, Rethink Mental Illness, Royal College of Psychiatrists and YoungMinds.**
- **We commit to appoint an elected member as ‘mental health champion’ across the council.**
- **To define a council lead officer role for mental health and to consider how this can best be promoted with the staff.**

The council will also:

- Support positive mental health in our community, including in local schools, neighbourhoods and workplaces.
- Work to reduce inequalities in mental health in our community.
- Work with local partners to offer effective support for people with mental health needs.
- Tackle discrimination on the grounds of mental health in our community.
- Proactively listen to people of all ages and backgrounds about what they need for better mental health.

Proposed : Cllr Caritas Charles

Seconded : Cllr Nicola Holland